

ELISA ALEGRÍA CONSTABLE R.

PSICÓLOGA CLÍNICA PSICOTERAPÉUTA FORENSE

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Professional Objectives

Promote health and emotional well-being in the people I serve, providing them with my knowledge and experience, with high standards of ethics and responsibility.

Develop studies, programs and projects for the prevention and promotion of human rights, especially for vulnerable populations, seeking to highlight respect for rights and equal opportunities. With a particular commitment in the promotion and repetition of the Rights of Children and Adolescents. All this with a vision of team collaboration and quality.

See Other Studies and Executions in
Annexed Pages



UNIVERSITY DEGREES

Master in Clinical Psychology/ Universidad Especializada de las Américas/2014

Master in Forensic Psychology/ Universidad Latina de Panamá/2020

General Psychologist/ Universidad Latina de Panamá / 2010

Postgraduate in Higher Education/ UDI /2015.

Languages: Spanish and English,
written and spoken.

ELISA ALEGRÍA CONSTABLE R.

CLINICAL- FORENSIC
PSYCHOLOGIST
PSYCHOTHERAPIST

Clínical Psychologist | |2013 - Present.

With experience in health of psychological trauma, applying group and individual therapy, as trained in emdr therapy

Psychosocial Support Consultant for the Americas Region | International Federation of Red Cross and Red Crescent Societies (IFRC) | 2020- Present.

Consultant | Salazar y Asociados| 2017-2018

Technical Collaboration with UNICEF in the Technical Assistance for the Review and Updating of Family Strengthening Programs of SENNIAF

Consultant | Ciudad Del Niño| 2018

Consultant | Red Latinoamericana de Acogimiento Familiar -RELAF | 2015-2016.

Consultant |Centro de Apoyo a la Mujer Maltratada | 2017-2018.

Proyecto Jóvenes Clave

Consultant |Campaña Todos Contra el Abuso Infantil Fundación Visión | 2013-2014.

Professor | Universidad Latina de Panamá | 2017 -2019.

Universidad Especializada de Las Américas | 2014-2017.

General Psychologist | Aldea Infantil SOS Panamá (2010-2012)

Facilitator of the Program“Familias Fuertes”, Cruz Blanca Panameña (2009)

Coordinadora del voluntariado, Fanlyc (2007-2008)

**VER OTROS ESTUDIOS Y EJECUTORIAS
EN PÁGINAS ANEXAS**



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OTROS ESTUDIOS

Advanced EMDR: Complex Trauma, Dissociation and
Online Therapy- Chilean Association of EMDR and
Psychotrauma Therapists. 2022

Extership in Trapia focused on emotions-ICEEFT2021

Therapeutic Training in EMDR Therapy- Adolescents and
Children (Trauma Restoration), EMDR- IBA (2016)

Therapeutic Training in EMDR Therapy (Trauma
Restoration), EMDR-IBA (2014)

· Training in EMDR therapy protocol for early intervention
in mental health Mexican Association for mental help in
crisis. (2016)

· Training for Facilitators, FUNDES (2011)

· Training and updating in techniques and tools for
intervention in SOS families, Hermann Gmeiner Training
Center (2011)

· Training and updating in techniques and tools for
Intervention in SOS families with the theme of Sexual
Abuse and Child Maltreatment, Hermann Gmeiner
Training Center (2011)

· Training of the Prevention Program "Strong Families",
UNDOC- Panamanian White Cross (2010)

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Products

Facilitator of the Course "How to educate, set limits and not hurt" 2020

Research Thesis: Contextualization of the main cognitive biases found in clinical psychological evaluations to the practice of forensic psychological evaluations at the Institute of Legal Medicine and Forensic Sciences. 2019

Collaboration with UNICEF in the Technical Assistance for the Review and Update of the Family Strengthening Programs of SENNIAF (2017/2018)

Institutional diagnosis of Technical Assistance for the Review and Updating of SENNIAF Family Strengthening Programs

Speaker- Positive Discipline- UDELAS Community Clinic 2018

Design and implementation of the Key Youth Project | Support Center for Battered Women | 2017-2018

Research Jury- Educational Days Social Security Fund CH.Dr. AAM Topic: EMDR Therapy (2017)

Speaker at Wednesday Scientists-Social Security Fund CH.Dr. AAM Topic: EMDR Therapy (2017)

Focal Point in the Deinstitutionalization Pilot Test Casa Hogar Soná 2016

Participation in the elaboration of the Decalogue of human rights standards applicable to children and adolescents- Produced by RELAF in the framework of cooperation with UNICEF Panama to be considered and applied in public and private entities.

Products

Representative of the All Against Child Abuse Campaign at the Observatory of Children's Rights (ODENA) 2015

Advice on the Campaign All Against Child Abuse Participation in the working groups of the Observatory of Children and Adolescents ODENA I 2015

Speaker of Wednesday Scientists-Social Security Fund CH.Dr. AAM Topic: Bullying (2015)

Speaker at Wednesday Scientists- Social Security Fund CH.Dr. AAM Topic: Preventing Child Sexual Abuse (2014)

Research Thesis: EFFECT OF TWO GROUP THERAPIES, ONE BASED ON THE CLIENT-CENTERED APPROACH AND THE OTHER, COGNITIVE BEHAVIORAL APPLIED TO DEPRESSIVE ADOLESCENTS OF THE VOCATIONAL SCHOOL OF CHAPALA»

Speaker "Healthy Couples" Latin University of Panama (2014)

- Research on the impact of the book "Cuentos que no son cuentos", Fundación Visión (2013)

- Design and implementation of the pilot of the AISOS "family facilitators" program (2012)

- Coordination and design of the Campaign "You and I have rights" AISOS (2012)

- Development of the child sexual abuse prevention program "I take care of myself" AISOS (2012)

- Program to promote the need for achievement, success and entrepreneurship in their sons and daughters. Bachelor's thesis (2010)

- Preparation of the Manual of Functions of the position of Head of Volunteering in FANLYC (2009)

- Facilitator, Entheos Youth Association 2006-2013

- Panamanian White Cross Volunteer: Drug Use and Use Prevention Programs, and the Youth Building a Better World Project (2008-2010)

Volunteer of Iluminando Corazones/ Hogar Metro Amigos (2010).